

OPENING HOURS

Monday, Tuesday & Friday in Toowoomba

Wednesday & Thursday in Pittsworth

After hours appointments available

Parenting Tips

Parentline

How do you feel when you get home from a busy day at work or after picking up the kids from school? Drained, worn out or just plain frazzled. The kids are acting up, they won't do anything you ask, and tantrums are the norm. Need someone to talk to, someone who can offer suggestions on how to deal with the tantrum or the disobedience, or just someone to talk to, to let it all out. Ring Parentline on 1300 301300 (or if you prefer e/mail parentline@kidshelp.com.au) any day of the week between 8:00 am and 10:00 pm. For more information about Parentline go to their website (www.parentline.com.au) or pick up a brochure from your school or College.